

What to expect at your appointment

An appointment (telephone or face to face) before the operation is used to discuss the procedure, irreversibility, failure rate, complications and cautions, to answer any questions and doubts and to gain your written consent.

The operation itself will last about 30 minutes and is performed under a local anesthetic.

Time to recover and post-operative counselling is done after the operation.

Please allow plenty of time before and after your operation.

Surgeon: Dr Assad Farooq

HCA/Nursing Assistant: Mrs Amanda Prescott
Ms Lorraine Wright
Mrs Myra Wong

Secretarial Support: Mrs Nishma Solanki
Tel: 01788 559445
Fax: 01788 547693

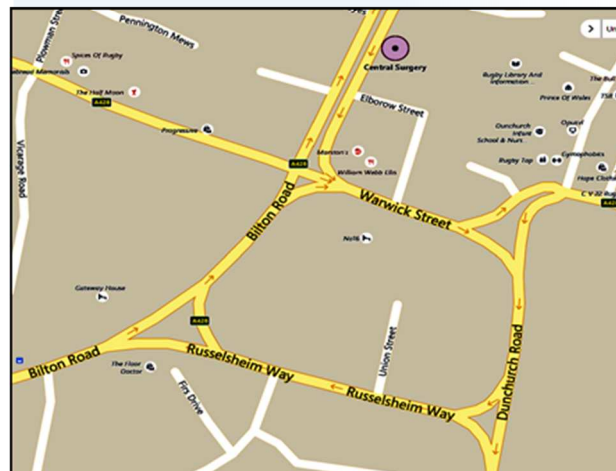
Arrival and Parking

- Car Park registered disabled at the rear of the building

Ramp access for wheelchairs at the rear of the building

Pay and Display parking available nearby at either Asda or the Rugby Central Car Park.

Sheltered parking available for bikes and pushchairs



Central Surgery Vasectomy Service

A Patients Guide to Vasectomy

Central Surgery
Rugby CV21 3SP

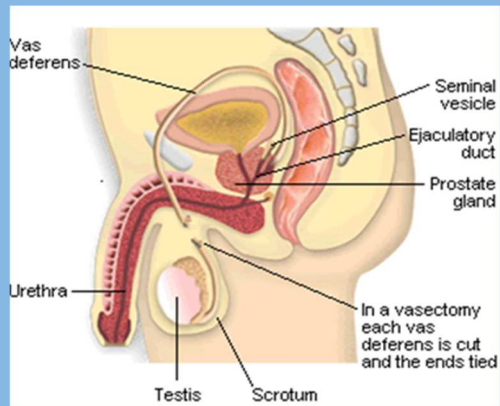
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No Scalpel Vasectomy

Vasectomy is a quick, safe, simple and effective operation to render a man sterile.

The no-scalpel vasectomy is an advanced surgical procedure, by which through a tiny keyhole made in the skin of the scrotum, the tubes which transport the sperms (vasa deferentia) are blocked and divided using a cautery method.

The operation is done under a local anaesthetic. No stitches are needed to close the tiny opening and the wound heals quickly.



Before the operation

Please bring the following on the day of the operation

1. Tight under garments (Y fronts)
2. Shower on the day of the operation and shave hair from the scrotal area.

After the operation

In the first few days after the operation you will continue to feel some discomfort and sometimes a slight swelling will develop. This is perfectly normal and there is nothing to worry about.

1. **Pain relief:** Once the anaesthetic wears off, household painkillers such as Paracetamol or Ibuprofen should alleviate any pain or discomfort you may be suffering. It is advisable not to take Aspirin based painkillers as this may increase the risk of bruising.
2. **Your Wound:** Some swelling and bruising of the scrotum is normal, if severe during the first few hours after the operation contact Central Surgery Vasectomy Clinic on the telephone number provided or contact your own GP. Please wear a snug pair of Y fronts for a week after the operation.

4. **Bathing:** Showering is acceptable after 48 hours.

Please ensure that following the shower you dry the wound gently and thoroughly. **Do not** use talcum powder on your wound.

5. **Intercourse:** Normal sexual activity may be resumed as soon as it is comfortable. You are unlikely to notice any difference in the fluid or semen when you ejaculate.

Semen Tests

You are required to give one specimen after 4 months and another at 7 months if required.

It is recommended that you have intercourse or ejaculate on average 3 times per week.

You should not worry if you are asked for one or two further specimens.

It is necessary for you to have one negative sperm test (azoospermia) at 4 months after the operation, at 7 months or less than 100,000 immotile sperms or after 7 months after the operation before you consider yourself sterile.

You must continue to take contraceptive precautions until you receive written confirmation from the surgeon or you GP.