**Type 1 Opt-out (**Opting out of NHS Digital **collecting** your data**)**

NHS data collection will start on **01 September 2021.**

The NHS needs data about the patients it treats in order to plan and deliver its services and to ensure that care and treatment provided is safe and effective. The General Practice Data for Planning and Research data collection will help the NHS to improve health and care services for everyone by collecting patient data that can be used to do this.

NHS Digital will collect:

* Data about diagnoses, symptoms, observations, test results, medications, allergies, immunisations, referrals, recalls and appointments, including information about physical, mental and sexual health.
* Data on sex, ethnicity and sexual orientation.
* Data about staff who have treated patients.

NHS Digital does not collect:

* Name and address (except for postcode, protected in a unique coded form)
* Written notes (free text), such as the details of conversations with doctors or nurses.
* Images, letters or documents
* Coded data that is not needed due to its age – for example medication, referral and appointment data that is over 10 years old.
* Coded data that GPs are not permitted to share by law – for example certain codes about IVF treatment and certain information about gender re-assignment.

NHS Digital will not collect data from GP practices about patients who have registered a Type 1 Opt-out with the practice. This opt-out system was introduced in 2013 but may be **discontinued** in the future as there is a new National Data opt-out system. If this happens, everyone who has registered a Type 1 opt-out only will be informed.

You can register your Type 1 opt-out at any time with your GP practice. You can also withdraw your Type 1 opt-out at any time.

More information on this can be found at: <https://digital.nhs.uk/data-and-information/data-collections-and-data-sets/data-collections/general-practice-data-for-planning-and-research/transparency-notice>

Please complete the enclosed Type 1 Opt-out form and return it to the surgery as soon as possible.

**National Data Opt-out (**opting out of NHS Digital **sharing** your data**)**

The new National Data Opt-out system is online and may replace the Type 1 Opt-out in the future.

If you don’t want your confidential patient information to be **shared** by NHS Digital for purposes except your own care – either GP data or other data they may hold, such as hospital data – you can register your National Opt-Out online.

If you have registered with a National Data Opt-Out, NHS Digital won’t share any confidential patient information about you with other organisations unless there is an exemption to this, such as where there is a legal requirement or where it is in the public interest to do so such as helping to manage contagious diseases like coronavirus.

From 01 October 2021, the National Data Opt-Out will also apply to any confidential patient information shared by your GP practice with other organisations for purposes except your individual care. It won’t apply to this data being shared by GP practices with NHS Digital, as it is a legal requirement for GP practices to share this data with NHS Digital and the National Data Opt-Out does not apply where there is a legal requirement to share data.

You can find out more about registering your National Data Opt-Out by visiting [www.nhs.uk/your-nhs-data-matters](http://www.nhs.uk/your-nhs-data-matters) or by phoning 0300 3035678.

**Registering your Type 1 Opt-out preference**

The data held in your GP medical records is shared with other healthcare professionals for the purposes of your individual care. It is also shared with other organisations to support health and care planning and research.

If you do not want your personally identifiable patient data to be shared outside of your GP practice for purposes except your own care, you can register an opt-out with your GP practice. This is known as a Type 1 Opt-out.

Type 1 Opt-outs may be discontinued in the future. If this happens then they may be turned into a National Data Opt-out. Your GP practice will tell you if this is going to happen and if you need to do anything. More information about the National Data Opt-out is here: <https://www.nhs.uk/your-nhs-data-matters/>

You can use this form to:

* register a Type 1 Opt-out, for yourself or for a dependent (if you are the parent or legal guardian of the patient) (to **Opt-out**)
* withdraw an existing Type 1 Opt-out, for yourself or a dependent (if you are the parent or legal guardian of the patient) if you have changed your preference (**Opt-in**)

### This decision will not affect individual care and you can change your choice at any time, using this form. This form, once completed, should be sent to your GP practice by email or post.

**Details of the patient**

|  |  |
| --- | --- |
| **Title** |  |
| **Forename(s)** |  |
| **Surname** |  |
| **Address** |  |
| **Phone number** |  |
| **Date of birth** |  |
| **NHS Number (if known)** |  |  |  |  |  |  |  |  |  |  |

**Details of parent or legal guardian**

If you are filling in this form on behalf of a dependent e.g. a child, the GP practice will first check that you have the authority to do so. Please complete the details below:

|  |  |
| --- | --- |
| **Name** |  |
| **Address** |  |
| **Relationship to patient** |  |

#### Your decision

**Opt-out**

I do not allow my identifiable patient data to be shared outside of the GP practice for purposes except my own care.

OR

I do not allow the patient above’s identifiable patient data to be shared outside of the GP practice for purposes except their own care.

**Withdraw Opt-out (Opt-in)**

I do allow my identifiable patient data to be shared outside of the GP practice for purposes beyond my own care.

OR

I do allow the patient above’s identifiable patient data to be shared outside of the GP practice for purposes beyond their own care.

### **Your declaration**

I confirm that:

* the information I have given in this form is correct
* I am the parent or legal guardian of the dependent person I am making a choice for set out above (if appliable)

**Signature**

**Date signed**

**When complete, please post or send by email to your GP practice**

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**For GP Practice Use Only**

|  |  |
| --- | --- |
| Date received |  |
| Date applied |  |
| Tick to select the codes applied | **Opt – Out - Dissent code:**9Nu0 (827241000000103 |Dissent from secondary use of general practitioner patient identifiable data (finding)|)  |  |
|  | **Opt – In - Dissent withdrawal code:**9Nu1 (827261000000102 |Dissent withdrawn for secondary use of general practitioner patient identifiable data (finding)|)] |  |